



# OTTAWA AREA LITTLE LEAGUES DISTRICTS 2 and 6



Presents

## Baseball Basics with Al Herback Emphasizing Athletic Development

**Saturday, April 8, 2017**

**Algonquin College - 1385 Woodroffe Avenue**

**Ottawa, Ontario**

**Free Parking available in Lot 8**

### Introduction to Baseball Basics (ages 5 thru 8)

Saturday (registration 8:30 am) 9:00 am to 12:15 pm

### Beyond Baseball Basics (ages 9 thru 12)

Saturday (registration 12:30 pm) 1:00 pm to 5:00 pm

The game will never change, but the way we teach our children has changed considerably in the past few years.

The majority of children only want to play and may not be concerned if they become great or even good. As every child is unique and will have strengths and weaknesses, we must do everything we can to help each one reach attainable goals with the skills of baseball/softball. They must always be in a safe environment, have fun through activity, be taught to improve their performance and, through your help, build the confidence in each individual child to succeed in this wonderful game!

For six years prior to 2015, Al was the National Coach and author of LL Canada's national training. Come out and experience his new instructional program. As this will be an event to enjoy, wear comfortable clothing, bring a glove, a lot of enthusiasm and he will bring the program to life for you! Parents are always welcome along with the coaches/managers.

A manual for each session will be available for purchase of a minimal cost of \$5.00.

The clinic is FREE but we are kindly asking for non-perishable food items that will be donated to the local food bank.

#### FOR MORE INFORMATION CONTACT:

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